

Keeping connected



Presented by the Better Practice Project

DATE & TIME

Thursday 12 April 2018
10.00 am to 1.00 pm 3hrs

WHAT TO EXPECT

- Adult Learning
- Morning Tea

VENUE

The Barossa Council
43-51 Tanunda Rd NURIOOTPA

The South Australian Collaborative Projects with Better Practice Project are committed to offering learning opportunities which enable us to gain a deeper understanding of the loneliness of older people in the community. Concepts & issues of loneliness, community belonging & building capacity will be investigated in this interactive space to provide opportunities for you to explore how you can work with people experiencing loneliness.

On completion of this workshop learners will be able to:

- Demonstrate an understanding of the importance of natural relationships and community connections
- Describe barriers to participation
- Apply knowledge about addressing loneliness in older people
- Describe the benefits of community participation to prevent loneliness for older people

Strengthen Reablement strategies in working with older people to facilitate community connections
This workshop was developed around the findings from 'Alone in a Crowd' research by South Australian Mandy Stanley. The research challenges stereotypical concepts associated with old age and points to the significant health risks facing older people who live with loneliness in old age.

RSVP by 4 April to Deb Anderson ph: 8563 8414
email: danderson@barossa.sa.gov.au

**THERE IS NO CHARGE
FOR THIS EVENT!**

THIS EVENT IS BROUGHT TO YOU BY

