



Seniors Collaborative  
Action Project

Barossa.Gawler.Light.Adelaide Plains

## **Minutes of the Gawler Region Aged Care Network Meeting held Wednesday 21 February, 2018, at the Gawler Elderly Centre**

- 1. PRESENT:** Deb Anderson (SCAP); Fiona Brown (Hyde & Partners); Karen Hammond (Resthaven); Lucy McFadyen (Barossa Village); (Peter Smith (Gawler Community Retirement Homes); Rachel Koehne (Uniting Communities - RAS); Sarah West & Sandy Lehmann (Gawler Home Assist); Sue Reid (Northern Health Network)

### **APOLOGIES:**

Alison Brighurst (Country Health Connect); Caron Geracitano (Barossa Village); Corinne Bruer (Uniting Communities – RAS); Craig Gogoll (ACNA – RAS); Jo Parker (Barossa & Light Home Assist); Lena Lesnikov (APM -RAS); Leonie Grant (Uniting Communities); Natalie Koufos (Southern Cross); Tracy Maynard (Country SA PHN)

### **2. CHAIRPERSON**

Peter chaired the meeting

### **3. MINUTES OF PREVIOUS MEETING HELD 29/11/2017**

Accepted

### **4. BUSINESS ARISING**

#### **3.1 Celebrate & Collaborate Workshop**

This was held 30 November last year. The Celebrate and Collaborate workshop was organised by the SA Collaborative Projects in response to the Sector Support and Development (SSD) funding extension to 30 June 2020. It was decided that a clearer understanding of the roles and responsibilities of all SSD programs in the State would be beneficial and together propose ways for wellness and reablement to be developed and implemented. Summary / Report is now available. As a result the Collaborative Projects are organising an event for 6 July to build on the capacity of service providers to deliver wellness and reablement.

#### **3.2 Independent Contractors Survey**

A survey of Independent Contractors was conducted late 2017 regarding training and development needs. Biggest response for topic was Understanding the Aged Care System. Deb will put together a program that addresses topics, and preferred dates and times.

#### **3.3 Training & Development**

First T& D opportunity for 2018 will be the Keeping Connected Workshop which follows on from last year's symposium on Loneliness & Social Isolation. Thursday 1 March 10-12 in Barossa Council Chambers.

#### **3.4 Visit by Mental Health Commissioner**

Commissioner Chris Burns attended the Aged Care Mental Health Forum held in Barossa Council Chambers on 1 December. He presented the process of developing the Mental Health Strategic Plan available here: <http://samentalhealthcommission.com.au/> This was followed by presentations by Barossa Village, Country Home Services, Gawler Home Assist and two carers. His office will be following up with some of the issues

raised during the forum particularly the lack of level 3 and 4 Home Care Packages and the need for additional support for people with mental illness.

## 5. REFORM UPDATE

The best way of keeping up to date is to subscribe to the department of Health's e-newsletter at: <https://agedcare.health.gov.au/news-and-resources/subscribe>

### 5.1 Draft Aged Care Quality Standards

General feedback was they are an improvement on the former standards as they are streamlined and outcome focussed.

### 5.2 New report: home care package research

Interesting results that don't seem to match the feedback service providers are receiving from consumers.

5.3 Consultation - Culturally and Linguistically Diverse action plan – opportunity to comment

### 5.3 Aged Care Workforce Strategy - opportunity to comment.

### 5.4 Readiness Letter – consumer will receive this up to 90 days before receiving HCP

Assignment letter to encourage them to organise income and means testing and choose a provider. General feeling was that this would add to the confusion.

## 6. OTHER BUSINESS

Fiona often assist patients to register with MAC whilst she is present doing over 70' health checks, however unless she does a follow up call or visit she doesn't know when/if a RAS has occurred and/or a service has been put in place.

Deb will raise this at the RAS/MAC meeting tomorrow

## 7. REVIEW GRACN

- Meetings are valuable for information sharing and networking
- Keep meetings to every two months
- People attend when they can and read the minutes if they can't
- Possibly change day (however Elderly Centre only available Wed)
- Peter offered the boardroom at James Martin Village
- Guest speakers would be good eg DoH (Deb to follow up with Liz), a GP (Fiona will ask)
- Good to have RAS assessors attend regularly
- Deb will send out survey to members

## 8. INFORMATION SHARING

- Steps to Better Health booklet – 3<sup>rd</sup> edition now available enquiries and correction to: [enquiriesinfo@stbh.com.au](mailto:enquiriesinfo@stbh.com.au) website: [www.stbh.com.au](http://www.stbh.com.au)
- Resthaven: based in Elizabeth – provide CHSP, DVA, HCP levels 1-4, and support for carers across the region.
- RAS - Uniting Communities: very busy. Finding pockets where it's hard to find services eg Kersbrook, Wild Horse Plains. Service providers trying to help where they can. All assessments are face-to-face.
- Living Well with Serious Illness: service available in Gawler and Barossa. Support for early palliative care, chronic illness. Also psychologist available.
- Hyde and Partners: very busy. Value the information that is available at these meetings to pass on to patients when doing over 70's health checks.
- Gawler Home Assist: at capacity with domestic assistance and personal care. Re-opened Maintenance, however stricter re ongoing clients.
- Country Home Services: Getting HCP upgrades in batches. People reluctant to sign up for HCP's as don't want to undertake means testing etc and think they're getting better value staying on CHSP.

Getting level 2 assignments for level 3 and 4 assessment – some are willing to buy additional services

Getting last minute requests - 24 hours to get a service in place.

- Gawler Community Retirement Homes: Morna ran a Memory & Ageing workshop for residents which was well received

New Chairperson- Helen – was awarded Gawler Citizen of the Year

#### **8. NEXT MEETING**

Wed 18 April unless otherwise advised

3:00-4:30pm at the Gawler Elderly Centre, 37 Fourteenth St, Gawler