



Seniors Collaborative  
Action Project  
Barossa.Gawler.Light.Mallala

**Seniors Collaborative Action Project (SCAP)  
Executive Committee Meeting held  
Thursday May 26, 2016 at 10:30am  
In The Barossa Council Chambers**

**MINUTES**

**PRESENT:** Craig Stanbridge, Debra Anderson, Gary Vogt, Jo Parker, Lee Martin

**APOLOGIES :** Beth Hudman, Fay Millington, Kirsty Hage

**1. OPEN**

Meeting opened 10:40am

**2. MINUTES OF PREVIOUS MEETING**

Accepted

**3. BUSINESS ARISING**

**3.1 Worker Well-being & Resilience T&D**

Lee reported that the Better Practice training held at TLH on May 2 and 19 was well received. 19 attended from TLH, Wheatfields and Barossa Village. Abbeyfield was also invited but declined.

**3.2 Service Providers Meetings**

Barossa Home Assist hosted a meeting but it was decided not to continue the group. Concerns that the care coordination that occurred for the most vulnerable may result in people 'slipping through the cracks'. If it becomes a major issue the SPOKE group may identify it.

**3.3 TLH and BV presentations -costs of RAC**

Two sessions attracted about 60 people to each. Evident that most people were there 'too late' as they were already in retirement living or receiving aged care services. Also evident that people find it all too complicated. Need for good financial planners who understand the aged care system. Lee observed Australians don't plan well for retirement. Ideally people should be planning for retirement and old age 40-55. If over 65 should bring their children. People think they can 'hide' their money from Centrelink. When assessing all financial activity of previous 5 years take into consideration. Generally people enter retirement living aged 78-80, RAC 85 plus. Maybe run evening sessions targeting younger people.

Deb will explore opportunities and speak to some financial planners including Cathy Greven who presented at the Hewett Expo and Nick Schuster, the financial planner in Nuri who presented at the BV and TLH sessions.

**3.4 SCAP meeting changes**

Some SCAP meeting times have been changed to enable participation by service providers.

**3.5 Community Information Forums**

Held 5 short presentations on a number of topics at the Hewett Expo:

- Older People's Rights & Advocacy
- Advance Care Directives
- Centrelink Tips and traps
- Falls Prevention
- PBS, generic medicines and pharmacy services

Centrelink Tips and Traps and Fall Prevention most popular. Good feedback. Will repeat at the Nuriootpa Expo as have another room available.

Deb will be consulting with some seniors groups and clubs in Mallala and Light to establish interest in arranging for presentations on topics of interest.

### **3 FINANCIAL REPORT**

Tabled and accepted.

### **4 PO REPORT**

Tabled and accepted

Key points

- Second meeting of RAS/MAC Troubleshooting Working Group held April 28 utilising workshop format to identify issues and solutions. Gary commended SCAP for providing this forum. A key issue is inappropriate referrals– should be assessed as needing Home Care Package not RAC. Findings from workshop will be passed onto DoH. A number of Collaborative Projects have held workshops . Also have survey to capture responses from service providers who could not participate in a workshop. Closes 31<sup>st</sup> May. Collated responses will be sent to DoH.
- Second GASHAN meeting for 2016 held 20<sup>th</sup> April. Three reps from DoH attended and presented on Stage 1 of Increasing Consumer Choice.
- Attended LGA workshop - Beyond 2018- Aged Care Service Delivery
- State Network of CPOs planning a state 'Aged Care Symposium' for the sector to be held July 1, 2016. A review of 12 months since the intro of CHSP. Themes around wellness, consumer directed care, value of collaboration, carer support, etc. Speakers include Jane Mussared,COTA; Rae Lamb, Aged Care Complaints; Nancy Morelli, AACQA; Peter Sparrow, Carers SA.
- Kapunda Ageing in Style Expo held 17<sup>th</sup> March and Hewett AIS Expo held 20<sup>th</sup> May

### **7 OTHER BUSINESS**

7.1 "Designing the New Integrated Carer Support Service" the Draft Service Concept has been released for comment. Submissions close 16<sup>th</sup> June.

Gary willing to share his submission. Key points:

- The needs of carers changes over time and every carer is different (young, disabled, mental health, dementia, elderly , CALD)
- To be responsive and effective, Carer Support needs a community development model, not a health, medical or service delivery approach.
- Has to be block funded. Cannot be packaged.
- Must be focussed on needs of carer NOT care recipient.
- Need a variety of platforms to deliver support but walk-ins and face-to-face are the most effective.
- NDIS and MAC have caused increased pressure for carers.
- SA has an excellent model that should be adopted nationally. Need evidence base to demonstrate this.

*Action; Deb will develop a short questionnaire and send out. Responses will be used to develop a regional response from SCAP*

7.2 Terms of Reference – need to add frequency of meeting (quarterly)

### **8 NEXT MEETING**

Thursday August 25 2016, 11:00am – 12:00noon

### **9 CLOSE**

Meeting closed at 11:40am