

YOU MAY KNOW THE CARE YOU WANT – but do others?

An Advance Care Directive empowers you to:

- make clear legal arrangements for your future medical & health care decisions
- write down your wishes, preferences and instructions for your future health decisions, end of life, living arrangements, personal matters and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf if you are unable to do so in the future.



Advance Care Directives

Your wishes for future care.



At some point in your life, there may come a time when you are unable to make decisions due to:

- an accident resulting in you being unconscious or in a coma
- dementia or similar condition
- a serious stroke or heart attack
- a mental illness episode

If this happens, how would you want decisions to be made for you about your health care, living arrangements and other personal matters?

For a **FREE CONFIDENTIAL CONSULTATION** to assist you to put your Advance Care Directive together, contact The Barossa Council Home Assist ph: 8563 8411 to make an appointment to be held at the Nuri Library in the morning on the following Saturdays in 2019:

FEBRUARY 2, 9, 16, 23
MARCH 9, 23
APRIL 6

More dates in 2019 will be advertised as they become available. If these times don't suit you, please call Libby on 0419 810 892.

For cancellations or rescheduled appointments please call Home Assist ph: 8563 8411 during business hours only.

If you need to cancel your appointment on the day, please call the Library ph: 8563 8440.

This service is offered to our community by the Barossa Gawler & Light Advance Care Planning Group. All counsellors have completed Advance Care Directives training and have police clearance checks.

For more information on Advance Care Directives visit www.advancecaredirectives.sa.gov.au

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