

Volunteering Barossa & Light



Issue 9

Dear Reader

Welcome to the 9th Volunteering Barossa & Light newsletter. You'll see from the pictures that we are putting the spotlight on the wonderful volunteers who focus their efforts on sporting related volunteering. The Olympics showcased the amazing things that can be achieved by volunteers but even more impressive to us is the rich history of sports volunteering that we have here in Australia. The volunteers who tirelessly turn out week after week, year after year to support sport in our communities. These are the un-sung heroes that we want to look at in this issue.

What you won't realise by looking at this newsletter is that it has been put

together 100% by volunteers. Some while ago I changed roles to coordinate Council's Community Transport and Home Assist scheme, so the volunteers have taken the reins (as volunteers do!) and made a huge effort to put this issue together. A new coordinator will be appointed soon so this will be my last newsletter, I had a fabulous time at Volunteering Barossa & Light, I met lots of brilliant people, learned a huge amount and had lots of fun. I would like to say a special heartfelt thank you to Jan, Margaret and Maurie for all their support and hard work and for their continuing dedication to the promotion of volunteering. Happy Volunteering!

To Parker Phillips



Volunteer Gold

The 2012 London Olympics once again raised the question:

'What would we do without volunteers?'

This 'greatest sporting show on earth' would not have reached its spectacular levels without the support of volunteers. These latest Games engaged volunteers (or Games Makers as they were dubbed by the Olympic Committee) in many different roles all beginning with a group of 300 administration volunteers recruited in 2009.

Volunteers have been integral to the Summer, Winter and Paralympic Games since they were used for the first time in London in 1948. The 2012 Games saw the recruitment and training of 70,000 Games Makers plus a further 8,000 London Ambassadors and not forgetting the 10,000

performers needed for the Opening Ceremony!

This got us thinking; how many volunteers are needed each week to support the local sporting teams in the Barossa & Light regions? We sometimes forget that the Mums & Dads "just helping out" are volunteers. What would we do without the line markers, scorers, drink carriers, committee members and canteen workers?

It seemed like a great time to reflect on our 'hidden volunteers' and talk to some of our sports clubs and find out about these valuable people and highlight some special volunteers who give enormous service to their Club. You're sure to agree that without the support of our volunteers' contributions both large and small, our vibrant sporting culture could not exist at its present level.

Volunteering Barossa & Light is a free service for volunteers and community organisations who engage volunteers.

We match volunteers to positions and provide help and advice on all aspects of volunteering.

Tel: 8563 8495 email volunteering@barossa.sa.gov.au visit us at www.barossa.sa.gov.au

Our office in Nuri Library (43-51 Tanunda Rd, Nuriootpa) is open Monday-Friday 9 till 12:30

Our Kapunda service (81 Main Street, Kapunda) is available Thursdays by appointment.



Save the Date

25 October - Seniors Expo - Barossa Mall Nuriootpa - 8563 8411

5 November - International Volunteer Managers Day
www.volunteermanagersday.org

5 December - International Volunteers Day -
www.volunteeringaustralia.org.au

Training Opportunities

13 September - Committee & Board Member- What is my Role – Adelaide - www.volunteering.sa.gov.au

16 October - Working With Customers & Clients - Salisbury - Northern Volunteering 8250 1582

18 October - Introduction to Volunteer Management Gawler - email volunteering@gawler.sa.gov.au

20 November - Be An Effective Volunteer - Gawler - email volunteering@gawler.sa.gov.au



For more information about Volunteering Barossa & Light and to see all of our local volunteer vacancies scan the QR code!

VOLUNTEER RESOURCE KIT

The Minister for Employment and Workplace Relations, the Hon. Bill Shorten MP, has recently released a volunteer resource kit. The purpose of the kit is to assist volunteers and volunteer managers understand what work health and safety laws mean to them. The Volunteer Resource Kit is available from Safe Work Australia. www.safeworkaustralia.gov.au



Did you know that there is a beautiful Camellia named “**Volunteer**”? It was originally released in New Zealand for the Year of the Volunteer 2001. Check your local nursery - we’ve seen it in Nuriootpa.

OFV has moved

The Office for Volunteers is now located at Level 8, Riverside Building, North Terrace, Adelaide, 5000 (Next to the Convention Centre.) You can contact them by phoning: 1300 014 712, email ofv@sa.gov.au or visiting www.ofv@sa.gov.au - their postal address remains the same: GPO Box 292 Adelaide 5001.



Useful Research

Recent research has found that the following five words helped Not-For-Profit organisations improve fundraising results :

kind
caring
helpful
friendly
compassionate

It seems that using these words influenced women to donate more but had no effect on men!

Looking for something different to say thank you to volunteers? The Governor, His Excellency Rear Admiral Kevin Scarce and Mrs. Scarce welcome community volunteers to participate in special guided tours of the public rooms of Government House. Tours are conducted by volunteer guides on the second Monday of each month (except public Holidays) starting at 10.30 a.m. tours are of 45 minute duration. Bookings are essential and numbers are strictly limited to 25 per tour. Bookings can be made by phoning (08) 8203 9800 with your name and contact details and the name of your organization.



LEADING BY EXAMPLE

The Kapunda Netball Club is one of many in our region with a long and proud history. Visiting on a training night, I walked into the Club Rooms and asked to speak to someone about volunteers. All fingers quickly pointed to a woman cleaning the windows and declared, "She'll do it!" It turned out that the window cleaner was non-other than the Club President, Sarah Johnson.

Sarah's parents were prominent participants at the Club when Sarah began playing as a seven year old. Sarah is now in her ninth year as Club President. Apart from her duties with the Committee, Sarah is an active player, coach, umpire, soup maker, BBQ cook, canteen worker and window cleaner!

Sarah said, "We have 17 teams, each needing coaches, umpires, record keepers, primary carers for each Saturday." If we include the canteen and other support workers, it adds up to about 100 volunteers each weekend for the Kapunda Club to provide



Netball opportunities. There are nine Clubs in the Barossa, Gawler and Light Netball Association. This adds up to about 900 volunteers giving their time each weekend to ensure this sport is available in our region.

When asked why she volunteered so much of her time, Sarah said, "My parents set an example for me, I love the Club, the friendships I've made. I enjoy helping the Club grow."

I later spoke to Pepper Mickan who also volunteers. Pepper has been at the Club for 18 years. As well as playing, Pepper volunteers as a committee member, coach and umpire. She says, "I do this to have fun and to give back to the Club."

Let's make an effort to thank all the volunteers who work extremely hard to ensure our sporting teams continue to exist and succeed. They may not get the applause, but they deserve our heartfelt thanks.

HOCKEY ONE, HOCKEY TWO, AND MORE.....

It was a cold and wet evening when Volunteering Barossa & Light called at Moculta Recreation Park to find out about volunteers at AM United Hockey Club. It soon warmed up as we became caught up in the enthusiasm of President, Michael Graetz. Like most "grass roots" sports clubs, AM United is a wholly volunteer run organisation.

Angaston Moculta United Hockey Club was formed in 2003 after the amalgamation of the Angaston and Moculta clubs. Michael explained that the club currently has 94 playing members and a proud history with 18 life members.

"Volunteers are the lifeblood of a club like ours and we would cease to exist were it not for many of our members putting their hand up to perform jobs that need to be done," Michael said. "Club members and supporters volunteer in roles varying from committee members to organising social events, fundraising, running the canteen, line marking, coaching from under 9's to Senior Men and Women, and umpiring," he said.

Just like at the Olympics, it seems that there are as many volunteer positions off the pitch as there are on it!

Michael said, "A huge THANK YOU must go to the volunteers of our club; their effort may go un-rewarded, but never un-noticed!"

Next year is the 10th Anniversary of the Club and big events are being planned. If you would like to know more contact Michael on 0437 811 529 or email info@amunitedhc.com



Team Player



When asked why he volunteers, Matthew Nitschke replied "For enjoyment. I like helping others and being involved with sporting clubs and the social aspects" Matt's Winter Saturdays are taken up with commitments to Nuriootpa Rovers

Football Club. During the Summer months he is involved with the Greenock Cricket Club. Matt (who was a Volunteering Barossa & Light team member before beginning his work with Barossa Enterprises) has been volunteering in sports clubs for an impressive twelve years.

93% or 2.1 million of the sport and physical recreation volunteers in Australia participated in organised sport as a child.

The ABS Information Paper: Measuring Social Capital

Volunteer Vacancies



Barossa Village is looking for friendly and reliable people who can work within a team and are able to empathise with the aged. Would you like to help staff with the supervision of group activities?



bbbfm Radio - Would you like to be involved in community radio? Various volunteer roles are available, eg: I.T assistant and production staff. Training for the roles is provided where necessary.



Lutheran Community Care require a volunteer for Reception/Administration to provide support for a busy office. This is an opportunity to learn new skills in a friendly team environment.



Meals on Wheels Barossa need volunteer drivers and deliverers to help deliver hot meals to the elderly. Providing hot meals and valuable social contact to the community.



Service to Youth Council is seeking volunteers to work in group programs and one-on-one with young people assisting them in areas such as literacy and numeracy, recreation and life skills.



Lutheran Community Care Visitors Scheme is looking for friendly volunteers with good conversation and listening skills, who can make a small regular commitment to visit an older person.



Kapunda Senior Citizens Club require a clerical assistant, two afternoons a month. Like minded person who can take minutes, write letters and set up membership register.



Uniting Care Wesley Kapunda require volunteers with people skills to work on reception, pack food hampers, fill forms, answer phones, do laminating & photocopying. Training given.



Community Helpers Furniture Warehouse is looking for friendly men & women who are able to relate well with each other and the community. Three hour shifts. No experience necessary.



Barossa Area Fundraisers for Cancer is looking for volunteers with empathy and enthusiasm to fundraise and/or take on a committee role to assist cancer survivors and patients in the local area.



Altona Landcare Reserve - Learn about the environment while playing an active role in the preservation of this bushland and the flora & fauna of this unique area.



Carer's Link Coffee, Cake and Fun is a support program for community members experiencing memory loss. Volunteers are required to serve coffee and cake while socialising and helping with



The Welcome Home Program at Uniting Care Wesley require caring and supportive volunteers to visit socially isolated older people at home after their discharge from hospital.



Tanunda Lutheran Home require volunteers to assist residents to join leisure, health & social activities. Come and experience friendship, fellowship and the joy of helping others.



The Christian Community Hub require a volunteer Office Assistant. This is an opportunity to improve your skills and gain experience, all in a friendly Christian environment.



Do you love the Barossa as much as we do? The Barossa Visitor Information Centre require bright, cheerful and outgoing volunteers to assist with services.



The Kapunda Health Service is looking for caring people to volunteer their time in the community or at the Kapunda Campus. Whatever your interests or skills we have something for you!



The Lillefield Gallery, Eden Valley require volunteer gallery sitters. An interest in art and a sociable outlook essential. 2.5 hour shifts once a month, Friday, Saturday or Sunday.



The Angaston Show Committee needs the services of an outstanding, dynamic organiser and administrator to fill the important position of Show Secretary.



Wombat's Wardrobe Op Shop in Kapunda require volunteers to work with a friendly team seeking to make a difference by raising money to support the youth and community work of Fusion.

For information on any of these positions or if you would like to see your vacancy advertised here, contact Volunteering Barossa & Light on 8563 8495 email volunteering@barossa.sa.gov.au www.barossa.sa.gov.au (listed under Council Services)

This is just a small sample of positions available, get in touch for a full list



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