

Wellbeing and Inclusion Plan

2026 to 2030

Easy Read version

Easy Read



This is an Easy Read summary of our Wellbeing and Inclusion Plan 2026 to 2030.

Acknowledgement of Country



We acknowledge the Ngadjuri, Peramangk and Kurna peoples.

They are the **Traditional Custodians** of the land in the Barossa.



Traditional Custodians are the Aboriginal people who have looked after the land for thousands of years.



We respect the connection that Aboriginal and Torres Strait Islander peoples have with **Country**.

Country means the land, water, sky and everything within them.



We honour the Ngadjuri, Peramangk and Kurna communities, past, present and future.

How to use this plan



We are The Barossa Council.

We wrote this plan.

When you see the word we, it means The Barossa Council.



We wrote some words in **bold**.

We explain what these words mean.

There is also a list of these words on page 24.



You can ask someone you trust for support to:

- read this plan
 - find more information.
-



This is an Easy Read summary of our plan.

It only includes the most important ideas.



You can find our full plan on our website.

www.barossa.sa.gov.au

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About our plan



This plan is the Wellbeing and Inclusion Plan 2026 to 2030.

It runs for 4 years.



Our plan is about **wellbeing**.

Your wellbeing is about how you:

- feel in your body and your mind
 - feel about your life
 - connect with other people.
-



Our plan is also about being **inclusive**.

When the community is inclusive, everyone can:

- take part
 - feel like they belong.
-



Our plan is part of the Barossa Community Plan 2024 to 2044.

That plan says we want a welcoming and safe place, with services everyone can use.



Our plan follows laws about public health and about supporting people with disability.

It includes our Disability Access and Inclusion Plan.

We explain this plan on page 16.

About our plan



We listened to what people had to say when making our plan.

862 people answered our survey in 2024.

We also asked community groups and services.



Council agreed to our plan on 18 July 2026.

Before that, we asked the community what they thought about it.

Their feedback shaped our plan.



Our Mayor, Bim Lange OAM, says the Barossa is a place where people look after each other.

Wellbeing grows from the connections people make and the places they share.



Our plan starts with people.

The skills, ideas and effort of people in the Barossa are our biggest strength.



This is a **living plan**.

A living plan can change as we learn more.

If something is not working, we will change it.

What we do



We lead.

We set the direction and bring people together.
The community decides what matters most, not Council.



We provide services.

We run libraries, community programs,
community transport and customer service.
We put money into the things the community
needs.



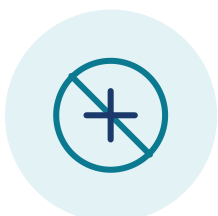
We speak up.

We tell other governments about things that
affect wellbeing, like housing, jobs and
transport.



We work with partners.

We connect people to support.
We link community groups to funding and to
each other.



There are some things we do not do.

We do not provide health care or crisis care.
Other services do that. We work alongside
them.

Who we thought about when making our plan



Our plan is for everyone who lives, works or visits the Barossa.



We know that different parts of a person's life connect.

A person can belong to more than one group.
We plan for the whole person, not one label.



Some groups of people get missed more often.
We check that our work reaches them.
We thought about these groups when we made our plan.



Children and young people.
Older people.



People with disability.

Carers.

Carers are people who look after a family member or friend who needs support.

Who we thought about when making our plan



Aboriginal and Torres Strait Islander people.



Culturally and linguistically diverse people.

Culturally and linguistically diverse people:

- come from different cultural backgrounds
- speak languages other than English.



LGBTIQ+ people.

LGBTIQ+ stands for lesbian, gay, bisexual, transgender, intersex, queer or questioning, and asexual.

The + is for people who are part of the community but do not use one of these words.



People who do not have enough money.

Sole parent families.



People who live in areas with fewer services.

What people told us



People want more ways to connect with each other.

People want a say in decisions about their places.



Being mentally well comes first.

Mental health support, friends and belonging matter most.



Safe and welcoming places matter.

This means halls, parks, libraries and community spaces.



Being active and being in nature are important.

People named parks, walking trails and sport.



Practical things matter.

This means healthy food people can afford, information that is easy to find, and strong local groups.



The Barossa already has strong groups and partnerships.

People told us to build on them.

What our plan focuses on



Our plan has 4 **themes**.

Themes are the big ideas our plan is organised around.



1. Being Well.

This is about being healthy in body and mind.



2. Being Included.

This is about everyone being able to take part and belong.



3. Being Connected.

This is about belonging, giving back and having a say.



4. Being Empowered.

This is about growing what you can do and helping shape your community.



Each theme has **focus areas**.

Focus areas are the things we will work on.

There are 11 focus areas.

We explain each theme on the following pages.

1. Being Well

Being well means being healthy in body and mind.

This theme has 3 focus areas.



Active living and movement.

We want more people to find it easy and safe to be active close to home.

This includes footpaths, trails, parks and sports clubs.



Healthy living.

We want healthy food and good health information to be easier to get.

We will start with the places that have had the least.



Mental wellbeing and **resilience**.

Resilience means being able to cope when things get hard.



We want people to find help early, before things get too hard.

We want communities to look after each other in hard times.

2. Being Included

Being included means everyone can take part and feel like they belong.

This theme has 3 focus areas.



Inclusive places and participation.

We want buildings, parks, programs and events to work for everyone from the start.

People should not have to ask for changes so they can take part.



Cultural safety and respect.

Cultural safety means people feel their identity and culture are respected.



We will work with Aboriginal, Torres Strait Islander and culturally and linguistically diverse communities to get this right.



An easy way into Council.

We want it to be easy to contact Council, whether you visit, call, go online or meet us in the community.

We will give information in formats people can use.

3. Being Connected

Being connected means belonging, giving back and having a say.

This theme has 3 focus areas.



Belonging and connection.

We want people to find belonging close to home, in all 6 **districts** of the Barossa. Districts are the local areas we plan for.



We will pay special attention to people who are new, on their own, or not connected to anything.



Volunteering and contribution.

Volunteers hold much of the Barossa together. We want volunteering to be easier to start, well supported, and open to more people.



Community voice and communication.

We want people to have a say in decisions and to see what happens with their ideas.



The **Community Voice Register** is one way to do this.

It is a way to share your ideas and feedback without joining a group or going to meetings.

4. Being Empowered

Being empowered means growing what you can do and helping shape your community.

This theme has 2 focus areas.



Lifelong learning and skills.

We want people to be able to learn new skills close to home, at any age.

This includes help with computers, phones and the internet.



Confidence, purpose and leadership.

We want more people from all backgrounds to become local leaders.



We will make the path to leadership clear.

We will offer **mentoring**.

Mentoring means an experienced person helps you learn.

Our Disability Access and Inclusion Plan



Our Disability Access and Inclusion Plan is part of this plan.

We call it our **DAIP** for short.



The law says every council in South Australia must have a DAIP.

The law is called the Disability Inclusion Act 2018 (SA).



Our DAIP and our Wellbeing and Inclusion Plan are one plan, not two.

Disability inclusion is part of every theme.



862 people answered our survey.

14 in every 100 of them said they have disability.

We also asked disability organisations.

Our DAIP is based on what they told us.



Our DAIP has 30 actions.

Actions are things we will do over the 4 years.

Some actions happen in years 1 and 2.

Others happen in years 3 and 4.

What our DAIP focuses on



Our DAIP follows the State Disability Inclusion Plan 2025 to 2029.

That plan has 5 focus areas.



1. Accessible and inclusive communities.



2. Learning and work.



3. Good supports and services.



4. Better health and wellbeing.



5. Safety and the justice system.

Some of the things our DAIP will do

These are 5 of the 30 actions in our DAIP.

There is an Easy Read version of this part of our plan. It is called Access and inclusion, and it explains all 30 actions.



We will write Access and Inclusion Standards. These will guide how we build things and how we run events and programs.



We will check the way we hire staff so that it is **accessible** and inclusive.

When something is accessible, it is easy for people with disability to find and use.



We will make our Wellbeing Network and the Barossa Wellbeing Hub stronger.

This helps people with disability and carers find support early.



We will check that our grants support good outcomes for people with disability.



We will make sure emergency information is accessible and emergency plans support people with disability.

How we will make sure our plan works well



We will work with the community to deliver our plan.

The **Wellbeing Network** is the community members, groups and partners who deliver our plan with Council.



The Network has 4 **Lifespan Action Groups**: Early Years, Youth, Adults and Older Adults. Each group makes its own action plan.



Each of the 6 districts gets its own Place Action Plan.
Local people help shape it.



The **Community Action Fund** is money for the actions in these plans.
It starts in July 2027.



Each focus area has a goal for 2030.
We will check our progress by asking 4 questions.

How we will make sure our plan works well



How does this feel?

We ask people who took part if things are better for them.



Are we doing what we said?

We check that the programs, partnerships and money we promised are happening.



Are the basics right?

We check that our places and services meet a clear standard.



Who is taking part, and who is missing?

We check who we are reaching, and who we are not.

How we will make sure our plan works well



Each year we will publish a report.

It will say what has changed, what we did, what the community told us, and what we learned.



The report will be in plain language and accessible formats.

It will show what is happening in each district.



Every 3 months we will share a short update.



After 2 years we will do a bigger review.

We will use it to shape the last 2 years of our plan.



We will share what we are working on and how you can take part on our website.

www.wellbeingbarossa.com.au

How you can take part



Join the Barossa Wellbeing Network.



Add your name to the Community Voice Register.

You can share ideas and feedback from home.



Visit the Barossa Wellbeing Hub website.

www.wellbeingbarossa.com.au



Contact our Community Services team to find out more.

Contact us



You can call us.
08 8563 8444



You can send us an email.
wellbeing@barossa.sa.gov.au



You can visit us.
43 to 51 Tanunda Road
Nuriootpa SA 5355



You can visit our website.
www.barossa.sa.gov.au



If you speak a language other than English,
you can call the Translating and Interpreting
Service.
131 450



If you find it hard to hear or speak, you can call
us through the National Relay Service.
www.accesshub.gov.au

Word list

This list explains what the bold words in this plan mean.



Accessible

When something is accessible, it is easy for people with disability to:

- find and use
- travel around.



Carers

People who look after a family member or friend who needs support.



Community Action Fund

Money for the actions in the Place Action Plans and the Wellbeing Network plans.

It starts in July 2027.



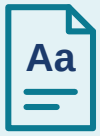
Community Voice Register

A way to share ideas and feedback without joining a group or going to meetings.



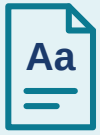
Country

The land, water, sky and everything within them.



Cultural safety

People feel their identity and culture are respected.



Culturally and linguistically diverse

People who:

- come from different cultural backgrounds
 - speak languages other than English.
-



DAIP

Our Disability Access and Inclusion Plan.



Districts

The 6 local areas we plan for.



Focus areas

The things we will work on.

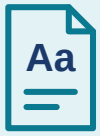
There are 11 focus areas.



Inclusive

When the community is inclusive, everyone can:

- take part
 - feel like they belong.
-

**LGBTIQA+**

Stands for lesbian, gay, bisexual, transgender, intersex, queer or questioning, and asexual.

The + is for people who are part of the community but do not use one of these words.

**Lifespan Action Groups**

Four community groups that make action plans for each stage of life.

**Living plan**

A plan that can change as we learn more.

**Mentoring**

An experienced person helps you learn.

**Resilience**

Being able to cope when things get hard.

**Themes**

The big ideas our plan is organised around.
There are 4 themes.

**Traditional Custodians**

The Aboriginal people who have looked after the land for thousands of years.



Wellbeing

How you:

- feel in your body and your mind
- feel about your life
- connect with other people.



Wellbeing Network

The community members, groups and partners who deliver our plan with Council.

The Barossa Council created this Easy Read document in August 2026.

The images are simple drawings made for this document.

This document is a summary. The full Wellbeing and Inclusion Plan 2026 to 2030 is on our website, www.barossa.sa.gov.au